

# Recipe Chicken, fillet, skinless, Potato & Zucchini for Rox



## INGREDIENTS

Recommended quantities for 1 day of food (weight of raw ingredients)


- 516 gr of Zucchini
- 468 gr of Chicken, fillet, skinless
- 335 gr of Potato
- 40 ml of Rapeseed oil
- 29 gr of AlphaMix Senior (en vente chez votre vétérinaire)
- 15 ml of Omegamix (en vente chez votre vétérinaire) (8 squeezes on the pump)
- 1 gr of Salt

## DIRECTIONS

1. Cut the meat into small or large pieces depending on the size of your dog. Cook the meat at 80 degrees Celcius for 10 to 15 minutes (the water should simply not boil) this avoids protein denaturation and the nutrients are well preserved.
2. Peel the potatoes and cut them into pieces, then cook or steam them until cooked. Make sure all the green parts of the potato are removed
3. Zucchini should not be peeled. Cook them for a while but don't cook them too long
4. Add rapeseed oil at the end, do not cook Do not Cook the AlphaMix and add it at the end and mix it in Do not Cook the Omegamix and add it at the end and mix it in

## NUTRITION FACTS

- Energy density: 3908 kcal/kg DM
- Proteins: 44 % DM
- Fat: 20 % DM
- Carbohydrates: 25 % DM
- Ca/P: 2

 **The mineral-vitamin supplement is essential** to guarantee a complete and balanced daily meal. Not adding the recommended quantities to his meals will create nutritional deficiencies in your pet.



## AVAILABLE AT YOUR VET

**AlphaMix**, our mineral-vitamin supplement is essential for adding calcium to the ration. It contains all the nutrients your dog needs for optimal health. It also provides all the most important minerals and vitamins.

Nutrients	Contributions
Vitamin B12	100%
Iodine	99%
Vitamin D	95%
Calcium	95%
Manganese	91%
Vitamin B2 or Riboflavin	89%
Zinc	89%
Vitamin E	88%
Vitamin A	88%
Iron	87%
Vitamin B1 or Thiamin	87%
Vitamin B5 or Pantothenic aci	79%



**OmegaMix** contains sardine, colza and sunflower oil to provide a perfect balance of Omega 3 and 6. This oil contributes to the beauty of the skin and coat, strengthens the heart function, the immune system, stimulates the appetite and nourishes the joints.

Nutrients	Contributions
EPA+DHA	97%
Omega 3	43%
FA saturated	34%
FA poly	31%
Omega 6	31%
Fat	24%

## INFORMATION ABOUT THE INGREDIENTS

- The potato is a source of gluten-free carbohydrates, but may contain saponins. Potatoes contain slightly more starch than other sources of carbohydrates.
- Zucchini is one of the green vegetables and therefore contains little starch, they contain many water-soluble vitamins (B vitamins and B vitamins) and soluble fiber.

Recipe # generated on 15/02/2021



# Profile of Rox

Veterinarian: d'Oultremont



<b>Age :</b>	16 years old	<b>Neutered :</b>	castrated
<b>Weight :</b>	35.8 kg	<b>Race :</b>	American Akita
<b>Activity level :</b>	Active	<b>Nutritional Profile :</b>	Senior
<b>Physical composition :</b>	Ideal		
<b>Energy requirements :</b>	1321 kcal/day		



## TAYLOR-MADE RECIPE

This recipe was generated specifically for the needs of [name of dog]. It is therefore perfectly adapted to his weight and condition. Be careful not to cook this recipe for another dog with different needs. In case of any doubt, consult your veterinarian.



## DIETARY TRANSITION

Changing food should be done gradually by mixing the old and new food for one week on average.



## CONSERVATION

The food you cook for your dog will last for about a week in the fridge. You can also freeze portions.



## SERVICE

The food you have prepared can be served lukewarm or cold, but be careful not to give it when it is still too hot or frozen!



## FOLLOW UP AND ADVICE

- You can cook large quantities that you divide into daily portions and keep them in your freezer.
- The mineral-vitamin and omega 3&6 supplements are essential to guarantee a complete and balanced household meal. These supplements are available from your veterinarian.

# Enjoy your meal Rox!

